

Believers **VICTORY** over sin

Much of what I learned growing up was that if I was involved in sin, then I needed to simply fight and stop. This is not New Testament truth and will not set a believer free from sin, but rather will strengthen it. The harder someone tries to break free from sin the more they become focused on it and empower it. The sting of death is sin, and the strength of sin is the law (1 Cor 15:56).



Religion will always focus on the outward man and its ability to break free from sin. We find this in Romans chapter 7 where the apostle Paul was trying to overcome the flesh by the flesh and the flesh's inability to serve God. We cannot break sin through our own will power but through the power of the Holy Spirit in us (Romans 8).

The way to get out of a dark room is to turn on the light. We can fast, beg God to rid the darkness, focus on the darkness, or even try to see why the darkness is there but the only way to get out the dark is to turn on the light. The Holy Spirit is our light switch and when we turn to who we are in

Christ and our spirit man we will begin to neglect and starve the flesh.

“Whatever you focus on will grow,
whatever you starve will die.”

The way for a New Testament believer to get out of sin is to simply walk in the spirit and THEN we will not gratify the desires of the flesh (Gal 5:16). It is by the spirit we put to death the misdeeds of the body (Rom 8:13).

Religion will say stop sinning then you will

be in the spirit. True Christianity says walk in the spirit, you will stop sinning.

If we are struggling with anger we cannot say “I will not be angry, I will not be angry” as this will only strengthen sin (Heb 10). We must turn from our flesh and what we feel, to our spirit man that says we are at love at all times and agree with the fruit of the spirit that has already been placed within us the moment we got born again (Gal 5:22-23). Allowing what is in your spirit to dominate us versus what we feel will cause us to overcome sin and the flesh.

How many times have we said we are going to quit something, and we do good for a period of time only for it to not have any lasting results? This is because we have relied on our own will power to

over the problem verses the Holy Spirit. When I tried to be a good wife and not nag or become impatient with my husband it only magnified the problem because I was trying to overcome the problem through my own ability. Once I began to discover my identity in Christ and who I am, I began to walk in my spirit man and it naturally broke the power of the issue.