



# THE HOLY COMMUNION

The Holy Communion is a powerful meal for healing but sadly the body of Christ has used the very thing that qualifies us, to disqualify us from partaking. Jesus said He came to seek and save that which was lost (Luke 19:10) and to save sinners (1 Tim 1:15).

When we are told the Holy Communion can only be taken if we do not have sin in our life, we are shutting off God's channel of healing because if this were the case no one would be able to partake because the law states that if we break one point, we break the entire law (James 2:10, Gal 3:10).

Let's see what 1 Corinthians 11 says. Paul is writing to a church to re-establish order (1 Cor 11:27).

This verse says that who eats the bread or drinks the cup in an unworthy MANNER will be guilty. This is talking the manner in which those in Corinth were partaking of the Holy Communion. The only way a person can partake of the communion and they be unworthy is if the person is not born again because they are not in covenant with God and are

proclaiming to partake of something they do not have. The manner at which Corinth was coming was that there were those who would come early and eat all the elements before the poor got there, they were showing up drunk, and only thinking of themselves. They were treating the Holy Communion as if it were just an ordinary meal.

We should come to the table and remember Jesus finished works. Those in Corinth were focused on themselves and not Jesus. A man should examine himself to see if he is in faith or not. Is He partaking focused on what Christ has done for them or are they coming in focused on self. This is not talking about examine to see if you are in sin, but to see if you are in faith.

A person brings judgment on themselves by not being born again and professing to have something they do not. Only a believer can partake of the elements. Why are people weak and sick? These scriptures say it is a result of not discerning the Lord's body. For the most part the body of Christ understands the cup represents the shedding of Jesus blood for the forgiveness of sin but what about the body?

Jesus body was broken so that ours may be whole. He himself took our infirmities and bore our diseases (Is 53:4-5). When the children of Israel exited Egypt, they came out with silver and gold

Therefore whoever eats this bread or drinks *this* cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord. 1 Cor 11:27

and there was not one sick or feeble one (Ps 105:37). This was a type and shadow of a believer coming out of the bondage of this world. Healing is the children's bread (Matthew 15:26, Mark 7:27) and belongs to a believer. When we partake of the cup, we are remembering Jesus blood that was shed for forgiveness of sin and when we partake of the bread we are remembering Jesus body that was broken so that ours can be whole.